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## **Models of Post-Diagnostic Support: Exploring what works and what doesn't**

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[scottishautism.org](http://scottishautism.org)

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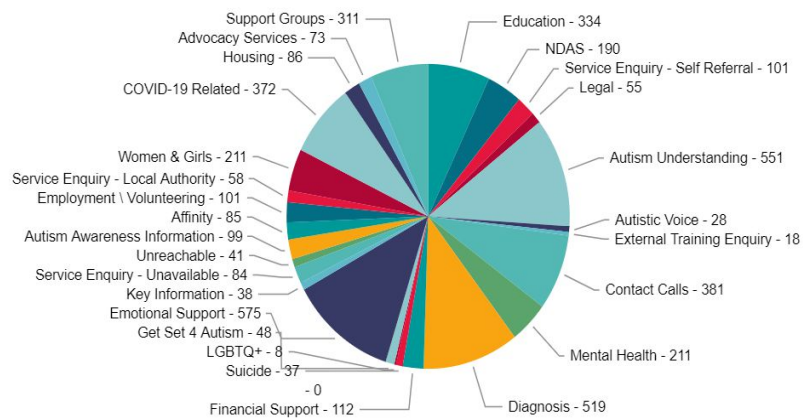
## Why does it matter

- Positive framing
- Accurate information
- Acceptance
- Peer support
- Avoiding the snake oil salesmen

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## Issues ( SA Advice Line)



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**Scottish autism**  
WHERE AUTISTIC PEOPLE ARE VALUED

## What doesn't work ( anecdotal!)

- Pessimistic Crystal ball gazing  
“ he/she will never....”
- Leaflets
- Assumptions
- Doing / offering nothing

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**Scottish autism**  
WHERE AUTISTIC PEOPLE ARE VALUED

## What we do

National Post Diagnostic Support Service



Different minds. One Scotland.

Scottish Government  
Department for Health  
gov.scot

**PARENTS & CARERS**



Online Support for Autistic Women and Girls



**SCOTTISH AUTISM AFFINITY**  
FOR AUTISTIC PEOPLE & THOSE WHO IDENTIFY AS AUTISTIC TO NETWORK SAFELY

Fife One Stop Shop

**ASK AN ADVISOR**

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## Why we think it works

- Personalised goal setting
- Control
- Right person, right time
- Options
- Autistic involvement

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