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The slide has an orange vertical bar on the left containing the 'Quality of Life' logo (a stylized 'S' made of two circles) and the text 'Quality of Life'. Below this, in the orange bar, is the 'Swalcliffe Park School' logo and name. The main part of the slide features a photograph of three boys in school uniforms playing volleyball. One boy is jumping to hit a yellow and blue volleyball. A blue ball is also visible in the air. The text 'Taking a wider perspective: A Quality of Life (QoL) approach' is overlaid on the photo. Below this, the name 'Kiran Hingorani', his title 'CEO', and 'Swalcliffe Park School' are listed.

2

Introduction



- Delighted to be sponsoring this event with 'Autism Learns'
- Two sessions: introducing a 'QoL' golden thread which links all the talks
- Parents and professionals
- What type of school is Swalcliffe Park?

3

Life... before, during and after COVID



- What we all know: Autism existed before Covid and will continue to exist into the future
- Distressing behaviours: before, during and after: whose are they?
- COVID-19 research: What is this telling us?
- Roadmap for return to school and more normal daily routines and expectations

4

A QoL approach to working with students and families



- Time at home: how was it for you?
- Family relationships and systems: Gardiner
- Family voice and the need for sustainable support and practice: looking back....looking forward
- So what is QoL?

5



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A helpful way to think about QoL:



Personal

Time

Situation

Environment

9

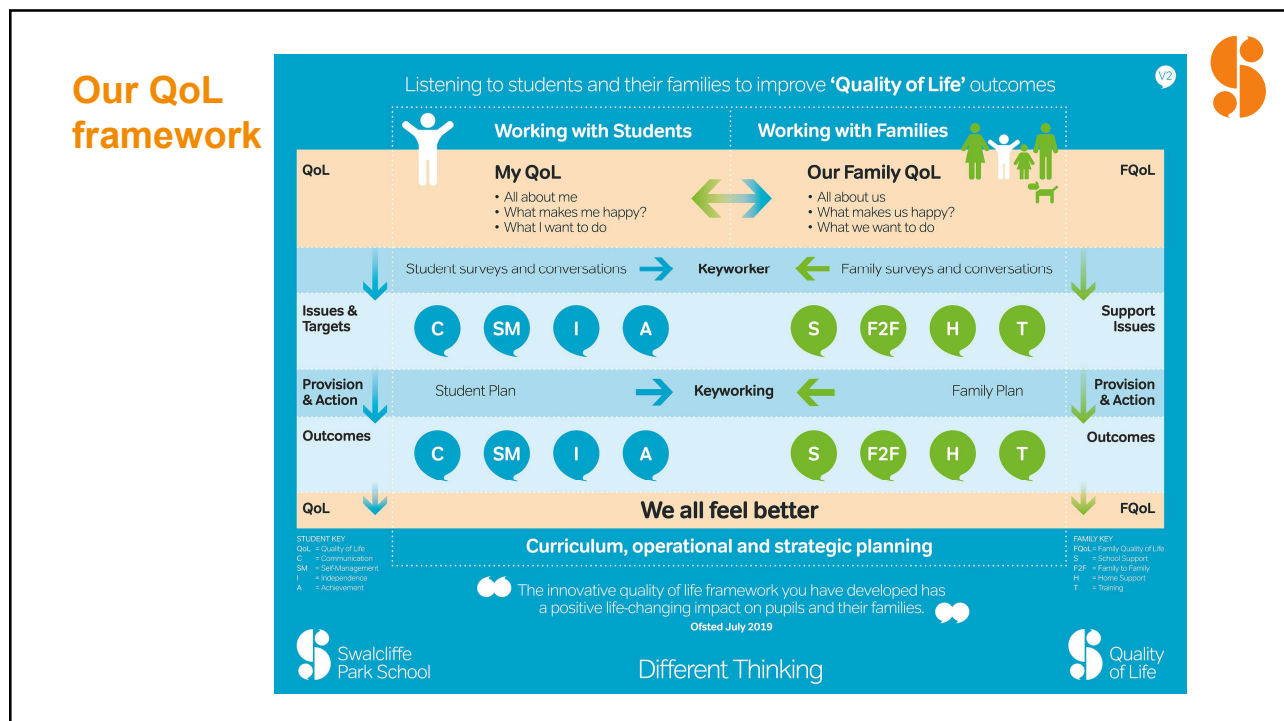
What do we know about QoL? Schalock

Quality of Life Model		
Factor	Domain	Exemplary Indicators
Independence	Personal Development	✓ Personal skills / adaptive behaviour
	Self-Determination	✓ Choices / decisions / autonomy / control
Social Participation	Interpersonal Relationships	✓ Social networks ✓ Friendships ✓ Social activities
	Social inclusion	✓ Involvement in community ✓ Community roles
	Rights	✓ Equal opportunities ✓ Respectful treatment ✓ Legal access & due process
Well-being	Emotional well-being	✓ Safety & security ✓ Positive experiences / success
	Physical well-being	✓ Health & nutritional status ✓ Recreation / physical exercise
	Material well-being	✓ Income / possessions

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For more information please go to the
Quality of Life section of our website
www.swalcliffepark.co.uk

or call Kiran on 01295 780302

I look forward to hearing from you

Swalcliffe Park School
Swalcliffe, Banbury
Oxfordshire OX15 5EP

01295 780302
admin@swalcliffepark.co.uk
swalcliffepark.co.uk

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