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Communicating effectively with an autistic teenager/young adult



Debby Elley



Gareth Morewood

in conversation...

#FlipTheNarrative



<https://youtu.be/DXBdiGUQ8Lw>

“School is really good because they have many autistic students and they understand us. I think I will have a great time at school because they know how to deal with me and support me. Social time is great as I get to hang out with other students who like to share my interests.”



Bobby, aged 11

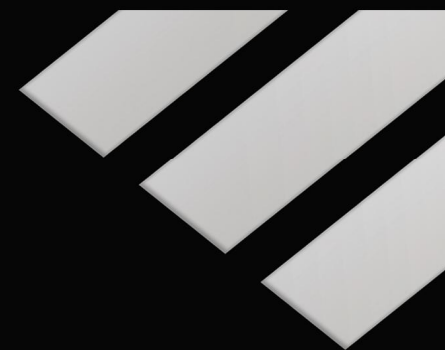
- Barriers to communication
-
- Talking tips – environment, timing and body language – how to adjust these to improve openness and dialogue
-

- Why verbal? Think about alternatives to verbal communication
-
- Communicating with a non-verbal individual
-

- Adjusting your communication style – collaborative/non-violent communication
-
- Teaching anger management skills (arrrghhh!)
-

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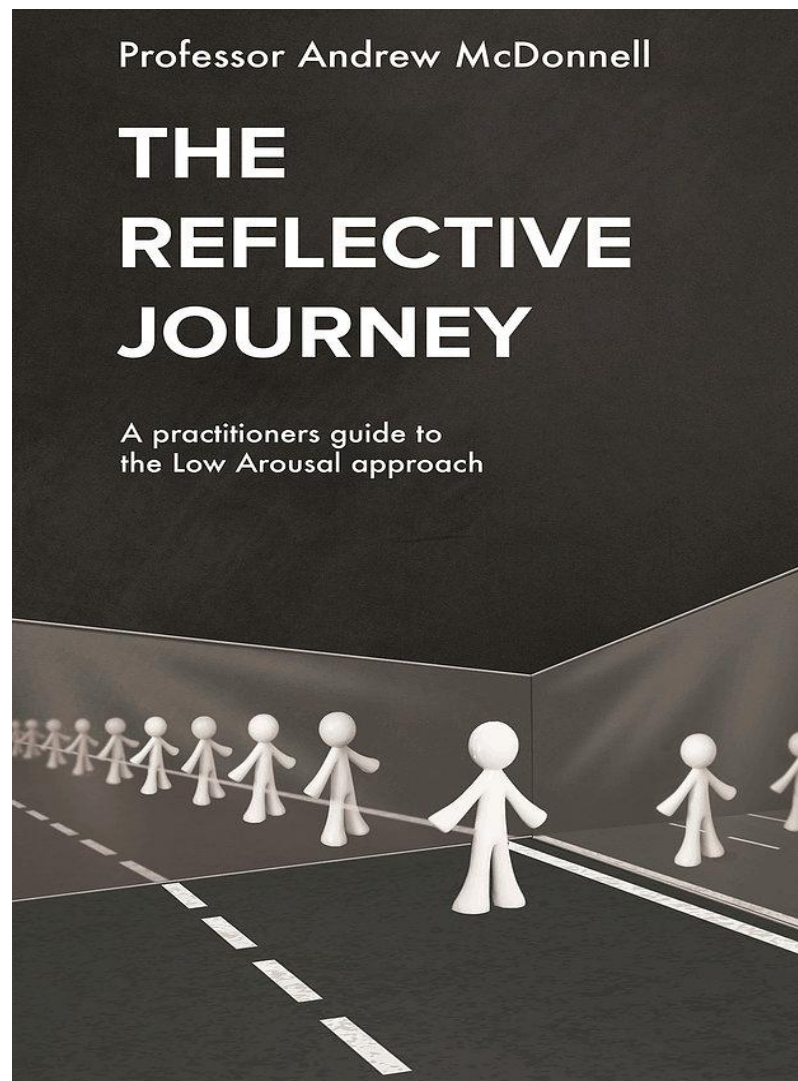
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McDonnell, A. A, (2019) The Reflective Journey

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Contact details & links:

Debby Elley

Parent, Author & Editor of Aukids Magazine

Visit my website (www.aukids.co.uk)

Email me (aukidsmag@gmail.com)

Follow me on Twitter (@AuKids)

Gareth D Morewood

Educational Advisor to Studio III (www.studio3.org)

Visiting Lecturer at the University of Chester (<http://ow.ly/2tz330ricv8>)

Read my blog SENCology (<http://ow.ly/jQOf30ricxP>)

Visit my website (www.gdmorewood.com)

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